

St Eugene de Mazenod Catholic Primary School Newsletter

Friday 1st December 2023

www.steugene.camden.sch.uk

admin@steugene.camden.sch.uk

Go shine in
the world
and live as
Jesus lived!



Dear Parents and Carers,

Please take a look at the attachments to your newsletter email today where we have added information on parent support with helping your child's wellbeing and also information about childhood illness; when your child should be coming into school, and when to keep them at home if they are unwell. We hope that you find this useful.

With best wishes,

Mrs Smith (Head of School) and Ms Richardson (Executive Headteacher)

Autumn Term Music Concert...

We were treated to a wonderful concert this week. It was lovely to see so many parents there to support the children. We have some very talented and hard-working musicians and singers! The children showed their values of **excellence** and **determination** through their performances. Thank-you to all of the children and to Mr Bolaji and our music teachers for their hard work.



I have received and read the St. Eugene's Catholic Primary School newsletter of 1.12.23

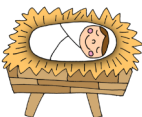
Name of child _____ Class _____
please return this slip to school office and your child might win a prize:)

Important dates for your diary...



There is a tour for prospective parents on Friday mornings this term from 9.10am to 10.00am led by Mrs Smith. Do phone the office if you would like to book a place.

Thursday 7th December 10am Nativity performance for YR and Y1 parents, 2pm Nativity performance for Y2 parents



Tuesday 12th December Y5 & Y6 Christmas party

Wednesday 13th December Y3 & Y4 Christmas party

Thursday 14th December YR, Y1 & Y2 Christmas party

Friday 15th December 2pm Carol Service in church

Thursday 21st December last day of term, school closes at 3.30pm

Friday 22nd December to Sunday 7th January: Christmas break

Monday 8th January 2024 children back to school
Week beginning Monday 15th January after school enrichment clubs begin.

Our prayer... Advent starts this Sunday



O God, rejoicing, we remember the promise of your Son.

May the blessing of Christ come upon us, brightening our way and guiding us by his truth. May Christ bring life into the darkness of our world, and to us, as we wait for his coming. We pray for **hope** and help for those that need it in our troubled world.

We ask this through Christ our Lord.
Amen

Good attendance is very important for your child's attainment and progress.

Each week the class with the very best attendance are celebrated in our assembly. This week our attendance champions were Year 2 class with 99%.

Well done Year 2!

Applying for a place at St Eugene's... We have spaces for children in some year groups this year.

If you have a friend whose child is looking for a place, or know someone with children who have moved into the area, do ask them to pop in and make an application. If you would like to apply for a child to be admitted to St Eugene's in September 2024 Reception class, or know a friend who is interested, do ask them to call the office and book onto a school tour, which run on Friday mornings 9.10—10am. The deadline for Reception applications is 15th January 2024. Please call or pop into the office if you would like some help with this.



Work of the week...

Every week a fantastic piece of children's work is showcased in the school lobby (next to the office). Do come and take a look.

Nina (Year 3) has written a brilliant story about losing a wobbly tooth! She has used a wide range of effective adjectives and well thought out sentences, which bring her writing to life. Nina's handwriting is also beautifully formed.



Well done Nina, super writing!



Person of the Week!

Well done to these children for showing how we live our school values!



Reception: Bodhi-Rae
Year 1: Reva
Year 2: Chae
Year 3: Kenzo
Year 4: Johnny
Year 5: Abena
Year 6: Tiya

The MHST (Mental Health Support Team in schools) are pleased to offer parents/ carers workshops to support their children’s well-being. Each workshop will last up to 60 minutes and have an optional follow-up of 30 minutes for parents/carers to ask questions or discuss the topic further. To find out more information about each workshop and to sign up for free, please follow this Eventbrite link:

<https://www.eventbrite.co.uk/e/mhst-parent-and-carer-webinar-series-2023-2024-tickets-715906735317>

or you can scan the QR code using your mobile phone’s camera:



Webinar topic	Intended Parent Audience	Date	Time
Having therapeutic conversations with your child	Primary & Secondary	Friday 1st December	12pm to 1pm Q&A: 1pm – 1.30pm
Sibling relationships	Primary & Secondary	Wednesday 6th December	12pm to 1pm Q&A: 1pm – 1.30pm
Supporting childhood worries	Primary & Secondary	Friday 8th December And Wednesday 6 th December (Evening)	12pm to 1pm Q&A: 1pm – 1.30pm And 5pm – 6pm Q &A: 6pm – 6.30pm
Parent/Carer Self Care	Primary & Secondary	Thursday 11th January	12pm to 1pm Q&A: 1pm – 1.30pm
Parent/carer-child interactions	Primary & Secondary	Thursday 18th January	12pm to 1pm Q&A: 1pm – 1.30pm
Managing routine	Primary	Thursday 25th January	12pm to 1pm Q&A: 1pm – 1.30pm
Sleep	Primary & Secondary	Thursday 1 st February	12pm to 1pm Q&A: 1pm – 1.30pm
Screen-time	Primary & Secondary	Thursday 8 th February And Thursday 8 th February (evening)	12pm to 1pm Q&A: 1pm – 1.30pm And 5pm – 6pm Q &A: 6pm – 6.30pm
Having therapeutic conversations with your child	Primary & Secondary	Thursday 29 th February	12pm to 1pm Q&A: 1pm – 1.30pm
Supporting childhood worries	Primary & Secondary	Thursday 7 th March And Thursday 7 th March (Evening)	12pm to 1pm Q&A: 1pm – 1.30pm And 5pm – 6pm Q &A: 6pm – 6.30pm
Sibling relationships	Primary & Secondary	Thursday 21 st March	12pm to 1pm Q&A: 1pm – 1.30pm

Is my child too ill to go to school?

It can be tricky deciding whether or not to keep your child off school when they are unwell. There are government guidelines for schools about [managing specific infectious diseases at GOV.UK](#). These guidelines say when children should be kept off school and when they shouldn't. If you do keep your child at home, it's important to phone the school on 0207 624 4837 on the first day. Let the office know that your child won't be in and give them the reason. If your child is well enough to go to school, but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher or the office know. We hope that you find this advice useful. **NHS advice for parents relating to specific common childhood illnesses is below:**



Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever (high temperature), keep them off school until the fever goes. Encourage and teach your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a [high temperature](#), keep them off school until it goes away.

Chickenpox

If your child has [chickenpox](#), keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a [cold sore](#). Encourage them not to touch the blister or kiss anyone while they have the cold sore, or not to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#). Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

What to do if your child has tested positive. Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Hand, foot and mouth disease

If your child has [hand, foot and mouth disease](#) but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice. You can treat [head lice and nits](#) without seeing a GP. Please treat your child's head lice as soon as you can by following a pharmacist's advice.

Impetigo

If your child has [impetigo](#), they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other people at home or school.

Ringworm

If your child has [ringworm](#), see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has [scarlet fever](#), they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have [slapped cheek syndrome](#) because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a [sore throat](#). But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of [tonsillitis](#).

Threadworms

You don't need to keep your child off school if they have [threadworms](#). Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with [diarrhoea or vomiting](#) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

