

What have we been learning?

Week beginning: 14th September 2026

We had a lovely time on Healthy Heart Day! Thank you very much for all your generous donations :) We were learning about the dangers of sugary food and drinks, how to hula hoop, and how to make a healthy fruit skewer. We also had a skipping workshop and we played parachute games outside. We had lots of fun, and learned about healthy choices. Here are some pictures from our day.



How can you help your child with their learning?

- Choose one healthy activity to do together as a family. You could go for a walk, have a fruit-tasting challenge, practise skipping or hula hooping, or make a healthy snack together. Ask your child what they learned about making healthy choices and see if they can teach you something new! You could send us a photo to admin@steugene.camden.sch.uk so that we can look together in class :)